



The Red Cross Basic 3-Day Emergency Preparedness Kit prepares you for many natural disasters. It contains the basic supplies for one person for 3 days.

This Emergency Preparedness Kit includes:

- 1 - Lightweight Backpack
- 1 - Flashlight and Batteries
- 1 - Crank-powered Flashlight/Radio/Cell-phone charger
- 1 - Multi-Tool
- 1 - Emergency Food bars (6 pack)
- 4 - Emergency Water Pouches (4 oz)
- 1 - 3.5gal Portable Water Container
- 1 - Emergency Rain Poncho
- 1 - Emergency Whistle
- 1 - Aluminized Rescue Blanket 52" x 84"
- 1 - Dust-Protection Face Mask
- 1 - Duct Tape
- 2 - Hand Sanitizer Packets
- 6 - Moist Towelettes
- 1 - Mesh Bag for Comfort Supplies
- 1 - 4" Ivory Toothbrush
- 1 - Fluoride Toothpaste (6oz Tube)
- 1 - Travel Tissues (15 pack)
- 1 - Wash Cloth
- 1 - Hair Comb
- 1 - Travel Bar Soap
- 1 - Travel Shampoo/Body Wash
- 1 - Travel Roll-on Deodorant
- 1 - hand and Body Lotion
- 1 - Pen Light w/Batteries
- 1 - Ballpoint Pen

- 1 - First Aid Supplies Zip Pouch
- 1 - First Aid Guide Book
- 1 - Nitrile Exam Gloves (2 per Bag)
- 2 - 3" x 3" Sterile Gauze Pads
- 1 - CPR Mask with One Way Valve
- 1 - Plastic Tweezers
- 1 - ½"x5yd Adhesive Tape
- 10 - BZK Antiseptic Wipes
- 1 - 2"x5 yard Conforming Gauze
- 2 - 2"x3" Non-Adherent Pads
- 1 - 2"x 4.5" XL Fabric Bandages
- 1 - 1.5"x3" Knuckle Fabric Bandages
- 1 - Fabric Fingertip Bandages
- 5 - Junior Adhesive Bandages
- 2 - 0.75"x3" Plastic bandages (5 Pack)
- 1 - 1"x3" Plastic Bandages (5 Pack)
- 12 - Emergency Water Pouches (4 oz)

